

Wyandanch Breastfeeding Resources

*Indicates that the organization offers free or reduced cost resources. Individuals who may have difficulty affording services should contact their local Women, Infants, and Children (WIC) office to determine eligibility for their services.

Breastfeeding Counseling Providers

Suffolk County Department of Health WIC Locations *

WIC [Website](#)

- **HRHCare Maxine Postal Tri-Community Health Center**—Amityville, NY | 631-854-1033
- **Dolan Family Health Center**—Greenlawn, NY | 631-854-4438
- **HRHCare Martin Luther King Jr. Health Center**—Wyandanch, NY | 631-854-1719
- **HRHCare Brentwood Family Health Center**—Brentwood, NY | 631-853-3440

Allied Breastfeeding Support

- Information, free phone counseling, classes, home/office visits
- Contact: 1-866-621-2769, press 2, then press 1 for New Hyde Park Office visits, 2 for Riverhead Office visits, 3 for phone line lactation support
- www.alliedbreastfeeding.com
- lactationconsultant@alliedphysiciansgroup.com

Long Island Lactation Consultant Association

- Lactation consultant contact information, breastfeeding support groups
- www.lilca.org

Long Island Doula Association *

- Contact: 631-574-2205 | info@lidoulas.com
- Doula services, breastfeeding support, and childbirth education classes
- LIDA has a Families in Crisis Fund that helps those with limited resources access their services
- www.lidoulas.com

New York Lactation Consultants Association

- Find a lactation consultant for home visits, office visits, breastfeeding groups, prenatal classes
- More details are available on their [website](#).

Breastfeeding Education Classes

Cornell University Cooperative Extension*

- Classes are available in English and Spanish as part of their nutrition curriculum. CCE also offers many different classes and educational opportunities for families about health, nutrition, and your local environment.
- <http://ccesuffolk.org/>
- Contact: Victoria Guadron | vg43@cornell.edu | 631-824-6696

Allied Breastfeeding Medicine*

- Classes are located at Peconic Pediatrics and Breastfeeding Medicine, offered on a variable schedule
- Contact for more information: lactationconsultant@alliedphysiciansgroup.com | 631-722-8880
- Cost: Free

Local Hospitals and Medical Centers

Southampton Hospital*

- Contact: Maternity Center | 631-726-8630
- Classes are once a month on Tuesdays, schedule is available at [website](#).
- Cost: Free

Couldn't find what you were looking for? One of these resources didn't work?

Contact: REFER@northwell.edu

Updated: 9/7/2017

Wyandanch Breastfeeding Resources

Good Samaritan Hospital (West Islip)*

- Contact: 631-376-4159
- Monthly, dates and times vary; see [website](#) for details and to register.
- Cost: \$30, fee reduced or waived if needed

Stony Brook Breastfeeding Class *

- Contact: 631-444-2201, registration is required
- Classes on the first Wednesday of every month, 7:00pm
- Cost: Free

St. Catherine of Siena Medical Center (Smithtown) *

- Contact: 631-862-3146
- Classes are Tuesdays at 7pm
- Cost: Free
- Call 631-870-3444 to register

Southside Hospital (Bay Shore) *

- Contact: 631-968-3311
- Held monthly in the evenings, registration is required
- Cost: Free

Breastfeeding Support & Peer Counseling

La Leche League USA Breastfeeding Helpline

- Helpline for mothers with breastfeeding questions, 24/7
- 1-877-452-5324
- English and Spanish

Breastfeeding Warmline Phone Support

- Allied Breastfeeding Support: call for timely advice and referrals
- 1-866-621-2769, press 2 then 3 to speak to the lactation consultant

National Breastfeeding Helpline

- The US Office on Women's Health phone line, Mon-Fri; 9AM-6PM EST
- 800-994-9662
- English and Spanish

InfantRisk Center Helpline

- Gives up-to-date information on the use of medications during pregnancy and breastfeeding
- 806-352-2519
- English and Spanish

BREASTFEEDING SUPPORT GROUPS*

La Leche League of Babylon-Lindenhurst

- Offers 3 meetings each month in Huntington, Babylon-Lindenhurst, and Farmingdale (toddler meeting).
- Please see [Facebook](#) group for details.

La Leche League of Lake Ronkonkoma

- Monthly meetings on the second Monday of the month from 10-11:30am in various locations in Lake Ronkonkoma.
- Please see [Facebook](#) group for more details or call 631-743-6455.

Huntington Hospital

- Contact: 631-470-5201, no registration
- Huntington, NY
- 2nd Thursday from 11:00am-1:00pm, 4th Friday 1:00-3:00pm

St. Catherine of Siena Medical Center

- Smithtown, NY | 631-862-3146
- Tuesdays at 1:30-3:00, call for more information

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Southside Hospital Baby Café

- Contact: Wendi Andria, RN, IBCLC
- Bayshore, NY | 631-894-5282
- Weekly meetings Tuesdays from 1:30-3:30
- No registration required

Stony Brook Hospital

- Setauket, NY | 631-444-7650
- Weekly meetings Mondays from 6:30-8:00pm
- See [website](#) or [Facebook](#) for more details.

Good Samaritan Hospital

- Breastfeeding Café
- Contact: Perinatal Education Center
- 661 Deer Park Ave. Babylon, NY | 631-376-3901
- Weekly meetings Thursdays 1:00-2:30pm, see [website](#) for details.

Wyandanch Baby Café

- Community Nazarene Church
- 58 Cumberbach St., Wyandanch, NY 11798
- Contact: 631-920-6844
- Café is on Saturdays, for schedule: www.communitynazchurch.org/babycafe

This list was developed with the help of the **Long Island Lactation Consultants Association**. Please check their [website](#) for updates.

Breastfeeding Referral

Suffolk Perinatal Coalition

- Patchogue, NY
- 631-475-5400
- www.spcbabies.org

Suffolk County WIC Program Administrative Office

- 631-853-3014

Directory of Lactation Consultant

This list is not an endorsement for any individual. The BFREE team has only contacted each individual and confirmed their information and certification.

Suffolk County International Board Certified Lactation Consultants (IBCLC)

- Wendi Andria, RNC-OB, IBCLC
Islip, NY 631-707-6598
Private Lactation
- Deborah Bouchard RN, IBCLC, RLC
[Allied Physicians Group, PLLC](#)
Riverhead, NY (631) 722-8880
Call for: Office visits (can be covered by insurance)
- Danielle Joesph-McKay, LCCE, CCE, IBCLC
(631) 572-8916, Nassau and Suffolk
Home visits, free phone support
- Jeanne Rosser, IBCLC
Amityville, NY (516) 449-8776
Nassau/Suffolk
[West Suffolk Lactation Consultants](#), [Allied Physicians Group](#)
Call for: Home visits, office visits (insurance accepted)
lactationconsultant@alliedphysiciansgroup.com
- Jennifer Giordano, MS, APRN, FNP, IBCLC
[Latch with Love, INC](#)
Setauket, NY (631) 255-8234
rnjenn72@optonline.net
Call for: Home visits, office visits, pump rentals, postpartum depression support group
- Jennifer Shaer MD, IBCLC, FABM
Lisa Visentin MD, IBCLC
Peconic Pediatrics and Breastfeeding Medicine
Allied Physicians Group
34 Commerce Dr. suite 2
Riverhead, NY 11901
631-722-8880
www.peconicpediatrics.com

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- Susan Silberger, BA, IBCLC, RLC
[Oak Leaf Lactation](#)
Nassau/Suffolk (516) 650-1634
Home/Office Visits, Classes, some insurance accepted
 - Christine Pfundstein, RN, CCE, IBCLC
Suffolk (516) 521-2038 or email childbirthRN@verizon.net
In-home lactation visits, childbirth & CPR classes
www.childbirthRN.com
 - Joan Benken, IBCLC
Work: 631-548-6290
Home: 631-765-5619, rncjmb@aol.com
Call for: home visits in Eastern Suffolk
- This list was partially developed using the **Long Island Lactation Consultants Association**. Check their [website](#) for updates.

Pump Rental

Call the number on the back of your insurance card and ask how to get a breast pump. The Affordable Care Act requires that all insurances provide families with a breast pump.

Hospitals and other care providers, including many of those listed above have access to breast pumps for rent. Ask any of them for information or visit the following websites:

[Medela Breast Pumps](#)

- Choose your insurance (e.g. "NYS Medicaid") and "New York" to see options

[Ameda Breast Pumps](#)

- Website provides information and allows you to search for supply stores near you

[Better Living Now](#) and [Hampton Homecare](#) also supply these breast pump brands with the option of going through insurance.

Milk Banking

Long Island has several milk banks where mothers can donate or receive breast milk. Visit the New York Milk Bank's [website](#) or call one of the Milk Depots on Long Island for more information:

Macaluso Medical

1575 Hillside Avenue Ste.
New Hyde Park, NY 11040
516.498.2300

Peconic Pediatrics and Breastfeeding Medicine

34 Commerce Drive, Ste. 2
Riverhead, NY 11901
631.722.8880



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